



Door43 is a YIACS (Youth Information, Advice & Counselling Service) within Sheffield Futures. We offer 13-25 year olds support on a range of issues in a young person centred environment.



WHAT DOES DOOR43 DO?

Door43 offers confidential support and guidance for young people aged 13-25 years old. Young people can be referred or simply dropin to our one-stop-shop at Star House.

We run a **Wellbeing Café** on Tuesday's at 5pm-7pm, for young people to socialise, be creative and have fun, to encourage and support positive wellbeing.



We offer a **Sexual Health Drop-In** every day that we are open. We also have a Sexual Health Clinic on Tuesday's at 3.30–5.30pm.

WHEN IS DOOR43 OPEN?

Monday to Friday 9am-5pm Open late Tuesday until 7pm Saturday 9.30am-12.30pm

WHERE IS DOOR43?

Sheffield Futures Star House, 43 Division St Sheffield, S1 4GE

HOW DO I CONTACT DOOR43?

Call: 0114 201 2774 Email: door43@sheffieldfutures.org.uk See: www.sheffieldfutures.org.uk



WHAT SUPPORT DOES DOOR43 OFFER?

The most common issues we work with include: mental health, emotional wellbeing, sexual health, housing, substance misuse, money advice and benefits, education and employability, bullying and difficulties at home. However, we can work with young people on a wide range of issues and sometimes people just want a listening ear to chat to – that's okay too!

WHY DOES DOOR43 OFFER SUPPORT AND GUIDANCE ON SUCH A WIDE RANGE OF ISSUES?

We understand that young people often come to services with issues which are inter-related. Therefore, Door43 provides a holistic response to young people's emotional, health, social and practical needs. M



HOW DO I MAKE A REFERRAL?

Please fill in our referral form, available here: www.sheffieldfutures.org.uk and send it back to: door43@sheffieldfutures.org.uk

Or call us with the young person's details on: 0114 201 2774

Or people can self-refer or just pop in to speak to one of our friendly Health and Wellbeing workers.



DOES DOOR43 WORK INDEPENDENTLY?

No, we work very closely with other agencies in health and wellbeing in our one-stop-shop, making referrals where appropriate.

IS THERE ANYTHING THAT DOOR43 DOESN'T COVER?

Unfortunately, we do not offer 24/7 crisis support and we cannot provide psychiatric assessment or diagnose any conditions. In these circumstances people are advised to see their GP or attend the appropriate A&E department if the situation is a life threatening emergency.





