

# School Pressure Points Y7-13 (2017-2018)

Knowing the ebb and flow of the year helps to ensure you organise yourself to manage these busy periods. Recognising that you are entering an increased pressure point which you know will only last for a short period of time before subsiding is also an important strategy in coping with challenge. We are all aware of these busy periods and are there to offer guidance and support for each other as a united and caring staff body.

	September	October	November	December	January	February	March	April	May	June	July	August
7	Y7 Transition & friends											
8					Exams							
9				Exams	Year 9 options							
10	Settling into GCSEs								Exams			
11		UCAS Progress/Post 16				Practice exams	Exam Prep	GCSE exams				
12	Transition & Friends Settling into A levels					Practice exams		Exam Prep	AS exams			
13	UCAS/Post 18					Practice exams	Exam Prep	A level exams				

High pressure	Increased pressure	Reasonable pressure	Low pressure